

Introductory Questionnaire

A. Expectations

1. What do you expect to learn from this curriculum? What skills do you hope to gain?

2. How would you rate your level of interest for attending this curriculum from 1 (lowest) to 10 (highest)?

1	2	3	4	5	6	7	8	9	10
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3. What do you hope the curriculum will not contain? What do you hope will not be present in the classes?

4. Do you have anything else you would like to share regarding the curriculum, the classes, or something else?

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B. Competencies

Do you agree with the following statements? Circle the number from 0 (strongly disagree) to 10 (strongly agree), depending on how much you agree with the statements.

B.1. Opinions and values

5. Freedom is connected to responsibility.

Strongly disagree			Do not agree, nor disagree					Strongly agree		
0	1	2	3	4	5	6	7	8	9	10

6. Human dignity is different for each one of us.

Strongly disagree			Do not agree, nor disagree					Strongly agree		
0	1	2	3	4	5	6	7	8	9	10

7. Humans have a special place among all living beings.

Strongly disagree			Do not agree, nor disagree					Strongly agree		
0	1	2	3	4	5	6	7	8	9	10

8. We always have the choice to live excellently or non-excellently.

Strongly disagree			Do not agree, nor disagree					Strongly agree		
0	1	2	3	4	5	6	7	8	9	10

9. Humans are so creative that they can solve even the most difficult problems.

Strongly disagree			Do not agree, nor disagree					Strongly agree		
0	1	2	3	4	5	6	7	8	9	10

10. If everything is not perfect, then it is a total failure.

Strongly disagree			Do not agree, nor disagree					Strongly agree		
0	1	2	3	4	5	6	7	8	9	10

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11. I have value no matter what happens.

Strongly disagree			Do not agree, nor disagree					Strongly agree		
0	1	2	3	4	5	6	7	8	9	10

12. I consider myself to be a hopeful person.

Strongly disagree			Do not agree, nor disagree					Strongly agree		
0	1	2	3	4	5	6	7	8	9	10

B.2. Behavior

13. I try to get enough sleep each day.

Strongly disagree			Do not agree, nor disagree					Strongly agree		
0	1	2	3	4	5	6	7	8	9	10

14. I often feel despair.

Strongly disagree			Do not agree, nor disagree					Strongly agree		
0	1	2	3	4	5	6	7	8	9	10

15. I try to treat others fairly.

Strongly disagree			Do not agree, nor disagree					Strongly agree		
0	1	2	3	4	5	6	7	8	9	10

16. When bullying happens, I try to discourage it.

Strongly disagree			Do not agree, nor disagree					Strongly agree		
0	1	2	3	4	5	6	7	8	9	10

17. I try to make excellent choices and avoid non-excellent ones.

Strongly disagree			Do not agree, nor disagree					Strongly agree		
0	1	2	3	4	5	6	7	8	9	10

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18. Bad habits are hard to avoid, but I do not care.

Strongly disagree			Do not agree, nor disagree					Strongly agree		
0	1	2	3	4	5	6	7	8	9	10

19. When I witness bullying, I usually stand and watch.

Strongly disagree			Do not agree, nor disagree					Strongly agree		
0	1	2	3	4	5	6	7	8	9	10

20. I often blame others for my problems.

Strongly disagree			Do not agree, nor disagree					Strongly agree		
0	1	2	3	4	5	6	7	8	9	10