

Humility Is / Is Not Worksheet – Teacher’s Answer Key

Humility is not:

- A sign of weakness – on the contrary, one needs to be strong to recognize and acknowledge their limitations.
- Being passive in the face of adversity – humble people do not just remain passive in the face of adversity; they fiercely oppose it.
- Not standing up for oneself – humility is not opposed to standing up for oneself. Humble people do not put themselves above others, but they also do not have to allow others to disrespect them.
- Lacking self-confidence – humility is not lacking self-confidence but feeling at ease with one’s strengths and limitations.
- Insecurity – humility is not insecurity but humble people are aware of their strengths and their value of intrinsic dignity.
- False modesty – humility is not false modesty since humble people do not falsely negate their strengths, but they acknowledge them in the right amount (i.e. not overemphasizing them, not negating or diminishing them).

Humility is:

- Being aware of both of one’s strengths and weaknesses – humble people are aware of their strengths and talents, but they are also aware of their limitations and weaknesses.
- Not thinking too highly of one’s talents and achievements – humble people are aware of their talents and achievements to a right degree, i.e. they do not overemphasize them or falsely inflate them.
- A sign of strength – to be humble and acknowledge one’s limitations, a person needs to be strong. Only strong people can be humble.
- Not being a show off – humble people are not show offs; they do not brag about their looks, what they have, how much money they make or what they have achieved.
- Being aware that one always has room for improvement – humble people are aware that no matter how good or proficient they are, they can always be better. This serves as a positive motivation to keep developing habits of excellence.
- Good for teamwork – humble people are usually good team players since they do not put their own desires or needs above others, but they are aware that others have desires and needs which should be equally observed.