

Name:

POWERS IN ACTION

Directions: Draw everything that you ate yesterday.

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In the chart above, circle the healthy foods and put a square around the unhealthy foods. Choose one unhealthy food you want to try to give up.

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Grade 2, L2 - Powers to Eat, Grow, Reproduce



Name:

POWERS IN ACTION

Directions: Draw everything that you ate yesterday.

Draw one healthy food you can eat instead.
Choose one unhealthy food you want to try to give up.
In the chart above, circle the healthy foods and put a square around the unhealthy foods.

Draw the exercise activity you like the most.