

## IT'S HARD FOR ME #1

I try to be more patient with my family, but my siblings have been annoying me lately, and my parents always ask me to do chores when I don't feel like it. It would be easier to shout at my siblings, since I am angry, and ignore my parents' requests, since I really don't want to do my chores. It would be harder but better to....

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## IT'S HARD FOR ME #2

I want to try and be more generous, but when my friends ask me to borrow my things, I immediately worry that they will get broken. It would be easier to keep everything for myself and not to share. It would be harder but better to...

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## IT'S HARD FOR ME #3

I want to try harder in school and do all my homework so I can learn a lot and get good grades, but that requires a lot of effort and discipline. I would have to do homework every single day, and now I only do homework once a week. It would be easier to keep going as I am and not change my habits. It would be harder but better to...

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## IT'S HARD FOR ME #4

I want to be kinder to my classmates, but sometimes they make fun of me, since they tease me sometimes and make fun of my clothes. It would be easier to tease them back or say unkind things to them in response. It would be harder but better to...